

MARTINSBURG MAT CLUB

The Martinsburg Mat Club (MMC) will be holding registration for anyone ages 4-14 interested in participating in our youth wrestling program. See separate sheet for registration schedule. If you have any questions with regards to our program, please contact Jeanne Cunningham, President, at (304) 433-7368 or visit our website at www.martinsburgmatclub.com

A COPY OF CHILD'S BIRTH CERTIFICATE MUST BE GIVEN TO US AT REGISTRATION

Please Print

_____ (M or F) Wrestler's Name (Last, First, Middle) Sex - circle	_____ Birth Date	_____ Weight
_____ Name of School	_____ Grade	_____ Yrs. Wrestling Exp
_____ Primary Parent or Guardian	_____ Mailing Address	
_____ Home Phone	_____ Cell Phone	_____ City, State & Zip
_____ Secondary Parent or Guardian	_____ Home Phone	_____ Cell Phone
_____ Email address	_____ Medical Info: Allergies, Disabilities, Medications, Concerns	

My son/daughter, _____, does hereby join MMC. With membership in this club, I do hereby accept all responsibilities for any injury or losses that might occur during the wrestling season. I further relieve all volunteer coaches, referees, MMC and other helpers from any negligence in regard to any accident involving my child and/or shall be participant's involvement in the MMC Wrestling Program. In case of accident the undersigned agrees to hold MMC, its agents, employees, representatives and assigns harmless of and from any responsibility, financial or otherwise, for injury or property damage arising out of activity not under MMC's control or otherwise.

Signature of Parent or Guardian Date

I hereby give permission to MMC to use my son/daughter's photo, first and last name on their website or for any other promotional purposes. I understand MMC will not include address or telephone number on the website.

Signature of Parent or Guardian Date

I hereby am responsible for all equipment and uniforms that are provided to me by MMC. I understand that it is my responsibility to turn in the uniforms at the end of the season in proper condition and will be responsible for the replacement cost (\$65) of the uniform if it is damaged or not returned.

Signature of Parent or Guardian Date

This portion to be completed at Registration by MMC

Weight _____ Previous Experience _____ Age _____ Singlet # _____
(as of 12/31/11)

Registration Fees: 1st Wrestler \$70, 2nd Wrestler \$50, 3rd Wrestler \$35, 4th Wrestler \$20

Paid in Full Yes or No **Payment Plan** \$ _____ Oct \$ _____ Nov \$ _____ Dec

MMC WRESTLING RULES

1. All wrestlers should arrive 15 minutes early to be ready to go at the scheduled start time; this includes all restroom visits, wrestling shoes on and headgear with you.
2. Use restrooms before putting wrestling shoes on. You will only be allowed out of the wrestling room for emergencies BUT if you must leave the room you have to remove your wrestling shoes.
3. All wrestlers should bring a drink for water breaks. They will not be allowed to leave the practice room because it wastes too much time getting them back in the room and keeping practice going. **ONLY WATER WILL BE ALLOWED IN THE PRACTICE ROOM.**
4. No wrestling shoes outside, wear street shoes to and from practice. No street shoes in the practice room, it's causing damage to the dance floor.
5. If your wrestler has a temperature, flu like or other symptoms and any type of skin rash please keep them home until they feel better. Call, Text, or Email Jeanne to let her know they will not be at practice.
6. Show respect to others; this includes teammates, parents, coaches, referees and any other person that may be at practice or matches.
7. All wrestlers need to take a hot shower and have clothes washed after every practice. All singlets should be washed after every match (more info on singlet care will be in singlet bag). Keeping clean will help cut down on skin diseases, other infections and germs.
8. Parents and siblings are asked to sit outside the dance room to keep noise level to a minimum; the wrestler's need to be able to hear the coaches' instructions. Parents can come in and watch their child but remember to keep the noise down. The parent will need to take their shoes off before entering the room.
9. Every wrestler must sign the attendance sheet at each practice. Beginning November 1st, all wrestlers should make half of the scheduled weekly practices. The only exception is for the 1st couple of weeks if the wrestler is still involved in fall sports and you have already let Tom or Jeanne know or if you call with a valid excuse. Once the matches start, the coaches can limit the number of matches your child will wrestle if they feel they have not participated in enough practices.
10. No food will be allowed in the practice room. Please do not touch or put hand prints on the dance room mirror. Do not touch any of the dance equipment or the items on the teacher's desk or table. It's becoming more and more difficult to get access from the school to practice; therefore we do not want anything to jeopardize our chances.

Please put our phone numbers in your cell phone or keep them handy so you can call us when your child cannot make practice or matches once they begin. Email is a great way to communicate with Jeanne during the week. Text messages are also fine. Please remember to include your name and your wrestlers name in the text message. Thank You.

Tom Cunningham cell—(304)707-2047
Jeanne Cunningham cell—(304)433-7368- j.cunningham@martinsburgmatclub.com

I have read and reviewed the rules with my wrestler. I am signing below that I understand the rules:

Wrestler _____

Parent _____